

Temper Tantrums

“Even a child is known by his actions, by whether his conduct is pure and right.” - Proverbs 20:11

1. **Begging** the child to stop won’t help.
2. **Bribing** the child won’t help.
3. **Spanking** is not usually effective. The yelling just gets louder.
4. What does work? **Isolate** the child.
5. “But what if we’re at the grocery store?”
 - a. First, make sure you have put a stop to temper tantrums at **home**.
 - b. Start walking toward the **door**.
 - c. Walk slowly and keep an eye on the child.

Dinner Time

“He who is full loathes honey, but to the hungry even what is bitter tastes sweet.” - Proverbs 27:17

1. Eat as a **family**.
2. Eat at the **dinner table**.
3. Everyone use **manners**.
4. Let children put food on their own plate (with guidance).
5. “How many more bites do I have to eat?”

Bedtime Battles

1. Elementary aged children need at least **10** hours of sleep each night.
2. Create a **routine** that your child can count on.
3. Once the child is tucked in, **leave the room**.

Talking Back

“Do everything without complaining or arguing” - Philipians 2:14

1. **Never** accept smart mouth behavior.
2. Do you “talk back” to your **spouse**?

3. Maintain your **composure**.
4. Your child may need some **alone** time.
5. A **swat** may be in order (if your child seven years old or younger).

For more information read:

How To Make Your Children Mind Without Losing Yours by Kevin Leman

How To Have A New Kid By Friday by Kevin Leman

Don't Make Me Count to Three by Ginger Plowman

Complete Marriage and Family Home Reference Guide by James Dobson

Parenting Isn't For Cowards by James Dobson

Shepherding A Child's Heart by Ted Tripp

If you're child thinks he's the center of the universe, where is there room in his life for God?